



DISTRICT 8 MINOR HOCKEY COUNCIL
Canterbury, Capital Crusaders, Ottawa Sting, SouthEnd

MEMO

Mouth Guard Exemption

All Players are required to wear a mouth guard while on the ice however in the event the player has a condition or a medical reason why they cannot wear a mouth guard, they must obtain a letter from their dentist or physician on professional letterhead indicating the reason.

This letter is to be given to the Association Risk and Safety Director who will provide a District letter indicating that the player is exempt from wearing the mouth guard. This letter is to be kept by the team trainer and shown to the Referee prior to the game to avoid unnecessary confusion or penalty.

If there are any further questions please contact your Association Risk and Safety Director.

Thank you for your co-operation.

Rhonda Davis
District 8 Risk Management and Safety Director