

What is Speak Out?

Risk Management & Safety Director

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Over the last few years there has been much talk about Speak Out. There are signs for clinics and memos circulated, but many people in our organization are not aware of what it's all about.

Speak Out! "It's More than Just a Game" is a program developed by the Canadian Hockey Association and the Canadian Red Cross in 1998 as a result of the Sheldon Kennedy incident. The main focus of the Speak Out Clinic is the prevention of abuse and harassment in hockey. It is a 4-hour workshop that covers all aspects of abuse and harassment and is a mandatory requirement for all team officials in our District.

Canterbury Hockey Association has had many dedicated volunteers participate in this workshop over the last few years. The principles of Speak Out are not only beneficial to hockey but to all sport and daily living. Through awareness and education we hope to eliminate abuse and harassment from minor hockey. The safety, well-being and positive experience of our players is paramount to us all. If you are interested in attending a Speak Out Clinic or would like more information please contact your Association Risk and Safety Director.